



get
fit for
Summer

health club open day

your chance to take us for a test drive!

free

fitness
entry rpm bodypump cycle bodycombat
bodybalance fitballsessions fitnessboxing
beepetestcompetition

health
bloodpressurecheck
bloodglucosemonitoring
bodycompositionanalysis
giveaways prizesandmore...



benefits
become a member on the day
HAVE DECEMBER ON US FREE
Join For Free





24th October 7^{am} - 12^{pm}

Invite

Peninsula Leisure Centre

4325 8123