

SQUADS

GOSFORD OLYMPIC POOL



INFORMATION Ph: 4325 1869

Effective 10/11/08

CLASS TYPE	MON	TUE	WED	THUR	FRI	SAT	SUN
Bronze	4.00 - 5.00pm	6.00 - 7.00am 4.00 - 5.00pm	6.00-7.00am 4.00 - 5.00pm	6.00 - 7.00am 4.00 - 5.00pm	4.00 - 5.00pm	7.00 - 8.00am	NO SQUADS
Silver	4.00 - 5.30pm	5.30 - 7.00am 4.00 - 5.30pm	5.30-7.00am 4.00 - 5.30pm	5.30 - 7.00am 4.00 - 5.30pm	4.00 - 5.30pm	7.00 - 8.30am	
Gold	5.00 - 7.00pm	5.30 - 7.00am 5.00 - 7.00pm	5.30 - 7.00am 5.00 - 7.00pm	5.30 - 7.00am 5.00 - 7.00pm	5.00 - 7.00pm	7.00 - 9.00am	
Platinum	<i>NO PLATINUM SESSIONS AVAILABLE AT GOSFORD ONLY PENINSULA LEISURE</i>						

Please telephone Gosford Olympic Pool 4325 1869 or Peninsula Leisure Centre 4325 8123 to book your free assessment prior to commencement in our Squad program

